

GETTING A LEXISCAN STRESS TEST? SKIP THE CAFFEINE.

- **DON'T CONSUME** caffeine-containing foods, drinks, or medications for 12 HOURS before your test

Look inside for a list of specific foods, drinks, and medications to avoid.



Indication

Lexiscan[®] (regadenoson) injection is a prescription drug given through an IV line that increases blood flow through the arteries of the heart during a cardiac nuclear stress test. Lexiscan is given to patients when they are unable to exercise adequately for a stress test.

Important Safety Information

Lexiscan should not be given to patients who have certain abnormal heart rhythms unless they have a pacemaker.

Lexiscan can cause serious or fatal cardiac arrest, abnormal heart rhythms or heart attack.

**PLEASE SEE ADDITIONAL IMPORTANT SAFETY INFORMATION ON PAGES 2-4.
PLEASE SEE FULL PRESCRIBING INFORMATION AT THE END OF THE DOCUMENT.**

HELP PREVENT A RESCHEDULED TEST

Methylxanthines (pronounced meth-ill-zan-theenz) are a type of substance found in many common foods, drinks, and medications. Some examples of methylxanthines include caffeine, aminophylline, and theophylline.

DO NOT consume any foods, drinks, or medications containing methylxanthines for at least 12 hours before your scheduled stress test. In addition, do not take any medications containing dipyridamole for at least 48 hours before your stress test.



Important Safety Information (Continued)

Allergic reactions can occur after Lexiscan® (regadenoson) injection.

Drugs such as Lexiscan may cause an increase or decrease in blood pressure, especially in patients with certain heart and blood vessel disorders.

FOODS, DRINKS, AND MEDICATIONS TO AVOID

The tables below list examples of foods, drinks, and medications to avoid before your stress test. This is only a partial list. Your doctor and pharmacist will know about other products, foods, drinks, and medications you shouldn't have before your test. Be sure to tell your doctor which over-the-counter (OTC) and prescription drugs you're currently taking. Your doctor will then give you instructions about those medications.

 FOODS TO AVOID
chocolate candies
chocolate cakes
brownies
chocolate pudding
energy bars
foods containing guarana

 DRINKS TO AVOID
chocolate milk/chocolate protein shake
hot cocoa
coffee (brewed, instant, iced, decaf)
tea (brewed, instant, iced, decaf)
soda pop (including "caffeine-free")
energy drinks
drinks containing guarana

 MEDICATIONS TO AVOID		
OTC drugs containing caffeine	Prescription drugs containing caffeine	Prescription drugs containing dipyridamole (withhold for 48 hours)
Anacin® (aspirin, caffeine)	Cafergot® (ergotamine tartrate, caffeine)	
Excedrin® (acetaminophen, aspirin, caffeine)	Esgic® (butalbital, acetaminophen, caffeine)	Aggrenox® (aspirin, dipyridamole)
Vivarin® (caffeine)	Fioricet® (butalbital, acetaminophen, caffeine)	Persantine® (dipyridamole)
NoDoz® (caffeine)	Fiorinal® (butalbital, aspirin, caffeine)	Prescription drugs containing theophylline
		Elixophyllin® (theophylline)
		Theo-24® (theophylline)

Important Safety Information (Continued)

Lexiscan can cause breathing difficulties. Before receiving Lexiscan, tell your doctor if you have respiratory diseases, such as COPD (chronic obstructive pulmonary disease) or asthma. Tell your doctor about all medications you use to manage these conditions.

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GETTING READY FOR YOUR TEST



**CAFFEINE REMINDER! 12 HOURS
OR LESS, NO PHARM STRESS**



**DO NOT APPLY CREAMS, LOTIONS,
OR POWDERS TO YOUR CHEST AREA
ON THE DAY OF THE TEST**



**WEAR COMFORTABLE
CLOTHING AND SHOES**

Important Safety Information (Continued)

Lexiscan® (regadenoson) injection can increase the risk of seizures. Before receiving Lexiscan, tell your doctor if you have a history of seizures.

Lexiscan can cause stroke, which may be a result of an increase or decrease in blood pressure.

The most common side effects that occurred in clinical trials of Lexiscan were shortness of breath, headache, flushing, chest discomfort or chest pain, dizziness, nausea, abdominal discomfort, a metallic taste in the mouth, and feeling hot. Most common side effects began soon after receiving Lexiscan and went away within 15 minutes except for headache, which resolved in most patients within 30 minutes.

Avoid consuming any caffeine-containing foods and beverages or medicines containing caffeine, aminophylline or theophylline in the 12 hours before your scheduled heart scan.

Ask your doctor if you should stop taking any medications you usually take before the day of the test.

For women who are nursing, pump and discard breast milk for 10 hours after receiving Lexiscan.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch or call 1-800-FDA-1088.

PLEASE SEE FULL PRESCRIBING INFORMATION AT THE END OF THE DOCUMENT.



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Lexiscan was developed in collaboration with Gilead Palo Alto, Inc. (formerly CV Therapeutics, Inc.).

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